

Have you talked to your doctor about AlloSure?

5 Tips to optimize your appointment:

- 1 Arrive early so you aren't feeling overwhelmed
- 2 Bring a list of questions you want to ask
- 3 Have a current list of all your medications
- 4 Have a notepad and pen to take notes
- 5 Download the AlloCare® app to share trends like blood pressure, weight, and other health metrics

Planning for a virtual visit? Make sure you have the necessary software and a stable internet connection ahead of time. Find a quiet, well-lit and private place to have your visit.



What is AlloSure?



AlloSure helps your nephrologist monitor the health of your new kidney



This simple blood test is more accurate than traditional tests like serum creatinine



AlloSure measures a biomarker in your blood called donor-derived cell-free DNA (dd-cfDNA)



When dd-cfDNA increases, it provides your doctor with an early warning that there may be an issue with your kidney

Questions to ask your doctor:

- What makes AlloSure better than serum creatinine alone?
- How would AlloSure fit into my post-transplant care plan?
- What do my results mean?
- ? How often would I get an AlloSure test?
- When would I need a biopsy?
- Is AlloSure covered by my insurance?
- Is there someone I can reach out to for support?



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